

WESTERN CANADIAN 2010 RHYTHMIC GYMNASTIC CHAMPIONSHIPS



Pacific Institute of Sports Excellence
(PISE) , Victoria, British Columbia
April 21 – 25, 2010



Gymnastics Canada Gymnastique

1900 Promenade City Park Dr. Suite 120
Ottawa, ON
K1J 1A3

Tel : (613) 748-5637

Fax: (613) 748-5691

e-mail : info@gymcan.org or agagnon@gymcan.org

website: www.gymcan.org

Jean-Paul Caron – President and CEO

jpcaron@gymcan.org

(613) 748-5637 ext. 222

Cathy Haines – Chief Technical Officer

chaines@gymcan.org

(613) 748-5637 ext. 237

Danielle Frattaroli – RG Program Director – Technical director of the competition

dfrattaroli@gymcan.org

(250) 472-3322

Annie Gagnon – Events Coordinator

agagnon@gymcan.org

(613) 748-5637 poste 231

HOST FEDERATION

BC Rhythmic Gymnastics Federation

Suite 230-3820 Cessna Drive,
Richmond, BC,
Canada, V7B0A2

Phone: 604.333.3485.....Fax: 604.608.5350.....E-Mail: bcrsgf@rhythmicsBC.com

ORGANIZING COMMITTEE

Victoria Rhythmic Gymnastic Society, Pacific Institute of Sport Excellence and Victoria Special Olympic RG

c/o VRGS - Barb Bishop
252 Island Highway,
Victoria, B.C. V9B 1G2

Phone 250-888-5801 fax 250-479-9346

victoriarg@shaw.ca

www.victoriarg.com

Please use above numbers for contacts - Executive Committee comprised of members of the Victoria Rhythmic Gymnastics Society and Pacific Sport Institute

LOCATION	Victoria, British Columbia
DATE	April 21 to 25, 2010
PRESENTATION THE CITY OF VICTORIA, B.C.	Victoria, British Columbia. Located on the southern tip of Vancouver Island, Victoria is one of the most unique resort cities in the world. It has long been known for its old-world British heritage but there is another side to this city ~ an intriguing cosmopolitan side, boasting world-class accommodation, spas, shops and culinary experiences.
COMPETITION VENUE	<p style="text-align: center;">Pacific Institute of Sport Excellence</p> <p style="text-align: center;">4371 Interurban Road Victoria, BC V9E 2C5</p> <p style="text-align: center;">Tel 250.220.2510 Fax 250.220.2501 info@piseworld.com</p> <p style="text-align: center;">Call 250.220.2510 or Contact Us</p> <p style="text-align: center;">View Facility http://www.piseworld.com/index.php/about-us-/facility-information</p>
APPARATUS SUPPLIED	<p>The equipment supplied is as follow:</p> <p>1 Competition Carpet AAI (14m X 14m) 1 Warm-up Carpet beige (14mX14m) Mitufa 2nd Warm-up Carpet (14 x 14) (brand to be confirmed in bulletin 2)</p>
INVITED MEMBERS	<p>Rhythmic Gymnasts from the provinces of BC, Alberta, Saskatchewan, Manitoba</p> <p>Participants: Reg. 4.2.1: To be eligible at the Regional Championships, the competitors must first be sanctioned by the respective PSO and meet any PSO qualification regulations</p>
EVENT FORMAT / PURPOSE	<p>Western Canadian Rhythmic Gymnastics Championships</p> <p>PROVINCIAL STREAM WESTERN REGIONAL CHAMPIONSHIPS Format: - Individual apparatus and All around events. Levels: 3B, 4B and C, 5B and C and 6B and C - Group : Provincial groups novice, junior and senior (duos, trios, group of 4 and 5) Purpose: Declare the Regional Champion in - Individual: Level: 3B, 4B and C, 5B and C and 6B and C - Groups: novice, junior and senior (duos, trios, group of 4 and 5)</p> <p>NATIONAL STREAM WESTERN REGIONAL CHAMPIONSHIPS Format - Individual Apparatus and All Around events Level 7,8,9</p>

	<ul style="list-style-type: none"> - Group Pre-novice, novice. Junior, senior (Duos, Trios, and Groups of 4 and 5 Purpose: - To qualify for entry to the 2010 Canadian Individual Championships - To designate the Western Canadian Champion Medalists in each of the categories
<p>ELIGIBILITY</p>	<ul style="list-style-type: none"> * All athletes, coaches, judges, team managers must be registered members of the GCG year in force. * All participating Associations and their members commit themselves to respect the GCG/RG Program Technical Rules and Regulations especially the ones concerning the age and nationality of the gymnasts. * Provincial/Territorial Rhythmic Gymnastics Sport Governing Bodies, which do not respect the above three directives, will miss the opportunity to be qualified for the Canadian Individual Championships <p>Coaches</p> <p>According the article 16.1 of the RG technical regulations, all coaches on the floor must be certified level 3 of the NCCP; if coaching a National Level athlete or group. All Coaches for Provincial Level Coach must be certified Level 2 of the NCCP. A coach without the proper certification must request an exemption from the RG Program Director (complete form below).</p> <p>The request must be sent directly to the national office of the RG program no later than March 21 2010. The completed form must be joined by a cheque of \$25 to cover administrative cost.</p>
<p>DRAW</p>	<p>Draw will be conducted Pacific Institute of Sport Excellence, 4371 Interurban Road Victoria, BC V9E 2C5</p> <p>on April 12th, 2010 and rotations will be distributed 1 week prior to the event</p>
<p>GALA</p>	<p>Please indicate on the registration form if you have a showpiece or fun routine (individual, group or team) which you would like to perform on our Gala Evening (Sunday afternoon).</p>
<p>REGISTRATION</p>	<p>1st Registration Deadline from Provinces is February 18, 2010 You are encouraged to send this electronically.</p> <p>2nd Bullentin will be distributed March 1, 2010</p> <p>Final Registration Date is March 21, 2010</p> <p>Registration Fee Athletes: \$125.00 Coaches: \$80.00</p> <p>Late Registration Fee of \$50.00 per participant will be applied The waiver and medical forms (attached) must also be completed for every registered participant (athletes and coaches)</p> <p>The registration forms (attached) along with the payment must be RECEIVED at Victoria Rhythmic Gymnastic Society 252 Island Highway, Victoria, B.C. V9B 1G2 Phone 250-888-5801 fax 250-479-9346 victoriarg@shaw.ca www.victoriarg.com</p>

	<p>All forms must be duly and fully completed. Incomplete forms (i.e. missing birthday, NCCP numbers, missing or incomplete medical and/or waiver forms, etc.) will be charged a penalty fee of \$20 per registered participant.</p> <p>Written request for refund can be made to the attention of Barb Bishop, Chairperson of the Event Committee until April 3rd, 2010. After this date, there will be NO reimbursement of the registration fee.</p> <p>A participant not registered by the deadline may be authorized to compete upon payment of the registration fee plus a \$50.00 penalty per registered participant (athlete and coaches). No registration is accepted if received at the above address less than ten days before the first day of competition.</p> <p>No registration will be accepted if received at VRGS after April 10, 2010 unless special dispensation is given by the RG Program Director. Late entries will replace athletes who withdraw after the draw is done.</p>
DRAFT SCHEDULE	<p>April 21,2010 – Practice by Province (11:30am to 8:00pm) April 22nd, 2010 – Competition 8 am to 7 pm April 23rd, 2010- - Competition 8 am to 7 pm April 24th, 2010 – Competition 8 am to 5 pm April 25, 2010 – Competition 9 am to 3 pm</p>
EVENT TRANSPORTATION	<p>Victoria International airport is approximately 25 minutes from the hotel, and 25 minutes from the venue. Clubs are responsible for their own airport to venue/hotel transportation.</p> <p>For \$ 20.00 each gymnast/coach/parent can purchase a shuttle pass for transportation for the four days that will transport to and from the venue and hotel. Please confirm numbers with Final Registration A cab will cost approximately \$ 12.00 from hotel to venue</p>
LOCAL TRANSPORTATION	<p>Getting around Victoria http://www.bctransit.com/regions/vic/ Taxi Yellow Cab 250-381-2222 Victoria Taxi 250-381-7111 Bluebird Cab 250-382-2222</p>
ACCOMMODATION	<p>Sandman Inn, Victoria SANDMAN HOTEL GROUP 2852 Douglas Street Victoria BC V8T 4M5 Phone 250 388 0788 Fax 250 388 0787 Group name: Victoria Rhythmic Gymnastics Tournament Below please find the link for website booking http://sandmanhotels.com/en/hotels/bc/victoria.php (book early, this is a very busy weekend for events in Victoria.) Rates are between \$110.00 to \$125.00 (sleeps 6) per night + tax Room types are single and double suites Breakfast Restaurant and pool onsite, other restaurants within walking distance</p>
BANQUET	<p>A “ Magical Mystery Tour” will lead gymnasts and guests to various sites of Victoria, and then to a mystical dinner - The entire event will take maximum 3 hours, starting at 6:30 pm and finishing at 9:30(including pick up and drop off to hotel).Cost will be \$ 30.00 please order tickets with Final Registration Saturday April 24, 2010</p>

ACCREDITATION

The GCG accreditation procedures will apply. The system consists of colour coded categories and access zones. GCG reserves the right to take away any accreditation if the rules are not followed. The accreditation categories and zones and for this event are as follow:

CATEGORIES

-  **Green: Delegations**
-  **Blue: GCG / Judges**
-  **Orange: OC**
-  **Red: Medical**
-  **Yellow: Media**
-  **Black: Security**
-  **Grey: Guests & VIPs**

ZONES

1. Competition area
2. Warm-Up area
3. OC office
4. Judges meeting rooms
5. Media room and mixed zone
6. Volunteer room
7. VIP / Hospitality
8. Doping Control
9. Delegation Seating

Accreditation will be distributed upon arrival to the competition venue. The accreditation must be worn to access the venue and the competitive area.

More information on the accreditation procedures will be given at the technical meeting.

MEDICAL

Pacific Institute of Sport Excellence, Camosun College, and Lifemark will be the providers of medical care at the competition

PROTOCOL & AWARD CEREMONIES

There will be an opening ceremony for this event. More information to be communicated at the technical meeting.

Award Ceremonies

Each Category - Top 8 athletes AA and top 8 athletes per apparatus.

Group – Top 8 Groups AA in each category and top 8 group per apparatus in junior of 4 and 5, senior FIG group and senior development group

Dress code on the awards podium

Athletes: Competitive uniform – Leotard, no shoes

JUDGES	Provinces are responsible to reserve hotel rooms for their judges. The organizing committee will provide transportation to the judges to and from the competition venue. Meals will be provided to the judges at the competition venue during scheduled practice and competitions. Judges will receive a per diem for meals not provided by the organizing committee.	
DEADLINES	Preliminary Registration	February 18 th , 2010
	Forms	March 21, 2010
	Payment	March 21, 2010
	Coaches exemption form	March 21, 2010
	Scripts	April 13, 2010
Souvenirs and Programs	White Tank tops with the Logo will be for sale in the 2 nd bulletin for \$ 20.00 prior to the event. Advertising in the programme is also included in 2 nd Bulletin, email victoriarg@shaw.ca if you require info prior to that bulletin	
Photos at the event	We are currently obtaining the services of a photographer for the event. The form for this will be in the second bulletin.	

Please use the excel document for your
Registration

Please email if you have any problems with
the file

Following this page are the following
documents required with your Final
Registration (includes PIPEDA, WAIVER,
AND MINOR RELEASE FORM)

**2010 Western Regionals Rhythmic Gymnastics
GYMNASTICS CANADA GYMNASTIQUE
INFORMATION RELEASE AUTHORIZATION FORM**

I _____

Name

Authorize GCG, Rhythmic Gymnastics Program to communicate my phone number, address and E-mail to the parents and the coach of _____

Signature Place and date _____

Witness Signature Place and date _____

PIPEDA RELEASE FORM

1.0 The personal information you provide to GCG/ Rhythmic Gymnastics Program, and different organizing committees for Provincial and National events, is collected under the authority of the PIPEDA privacy bill for Canada. It is used to determine your eligibility for competitive and recreational opportunities, age related events, to facilitate your enrolment, to administer and evaluate programs/courses of benefit to gymnasts, coaches, Board Members, volunteers and judges, and for insurance and statistical purposes. It may be necessary to disclose this information to major funding bodies in order to verify registration and meet the funding requirements. This information will be transferred in a safe format. It will be password protected if it is transferred electronically, or it will be sent as hard copy.

2.0 Registration information required may include: name, age, birth date, address, gender, emergency contact information in case of accident or illness, previous movement experience, position within the club or provincial governing structure, volunteer experience, judging level attained, coaching level attained, performing and/or competitive level attained and citizenship information. Staff members and senior volunteers may have the following information collected and retained: coaching experience, performance appraisals, appointment records, resumes and letters of reference, university equivalency/course information for different aspects of coaching training, attendance records, coach certification numbers, certifications and equivalencies.

3.0 Your club's Privacy Officer, as well as the Privacy Officer for GCG, are responsible for your personal information, and the personal information concerning any minor children, and they ensure that all personal information is handled in a confidential manner, and all reasonable precautions are taken to avoid loss, theft or unauthorized access, disclosure, copying, use or modification. Any GCG/ RG PROGRAM Technical Rules and Regulations, November, 1999 Page 86/102 requests to view your personal information should be made in writing to the club or provincial or National Privacy Officer

Please fill in and sign the following form, indicating that you allow the transmission of personal information as indicated in Paragraph 1.0 of this document.

Name: _____ Signature: _____

Date: _____ Phone Number: _____ Email: _____

Name of Parent/Guardian of participant if under the age of 18: _____

Signature of Parent/Guardian of participant if under the age of 18: _____

GCG/ Rhythmic Program IMAGE RELEASE FORM

Participants at Provincial and National events held in Canada may have their image, likeness, name (excluding personal address, phone, fax number, and/or email address), province, city/town, and club, as well as rank within Canada and previous performing, competitive, judging, choreographing or coaching history, used in publications and on the internet by GCG Rhythmic Gymnastics Program as well as its agents and sponsors from time to time. When signing this form, gymnasts, volunteers, coaches, judges and, in the case of minors, their parent/guardian, agree that they have the authority to provide this authorization/approval to GCG and its agents, and sanctioned organizing committees. A facsimile, a scanned and emailed copy, or a photocopy of this form shall be deemed to constitute an original signed document.

I allow the use of personal information as outlined above, and image in GCG Media, including newsletter, website, poster, brochure, video, sponsorship packages.

Name: _____ Signature: _____

Date: _____ Phone Number: _____ Email: _____

Name of Parent/Guardian of participant if under the age of 18: _____

Signature of Parent/Guardian of participant if under the age of 18: _____

If Photographs of the athlete are provided to GCG please send each photograph together with the photographer's express written permission for GCG to use the photograph(s) on the internet, in publications related to rhythmic gymnastics, and in sponsorship materials for rhythmic gymnastics.

